



**24/7 ACCESS**

KonsultaMD is a 24/7 hotline that allows its Customers to speak to a licensed Filipino Doctor anytime, anywhere. No appointment needed.

**PRIMARY CARE**

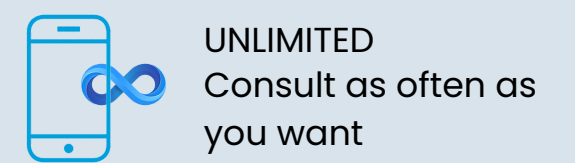
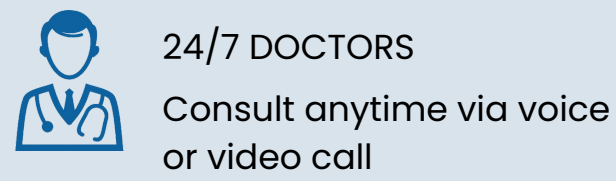
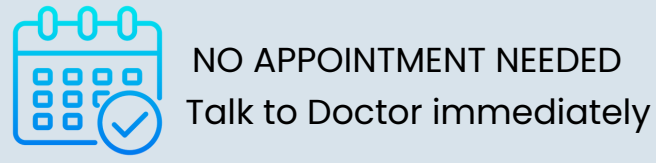
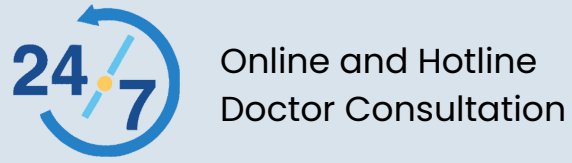
Licensed Physicians provide medical assessment and advice, including advice on basic healthcare, primary mental health and permissible medication over the phone.

**MEDICAL ADVICE**

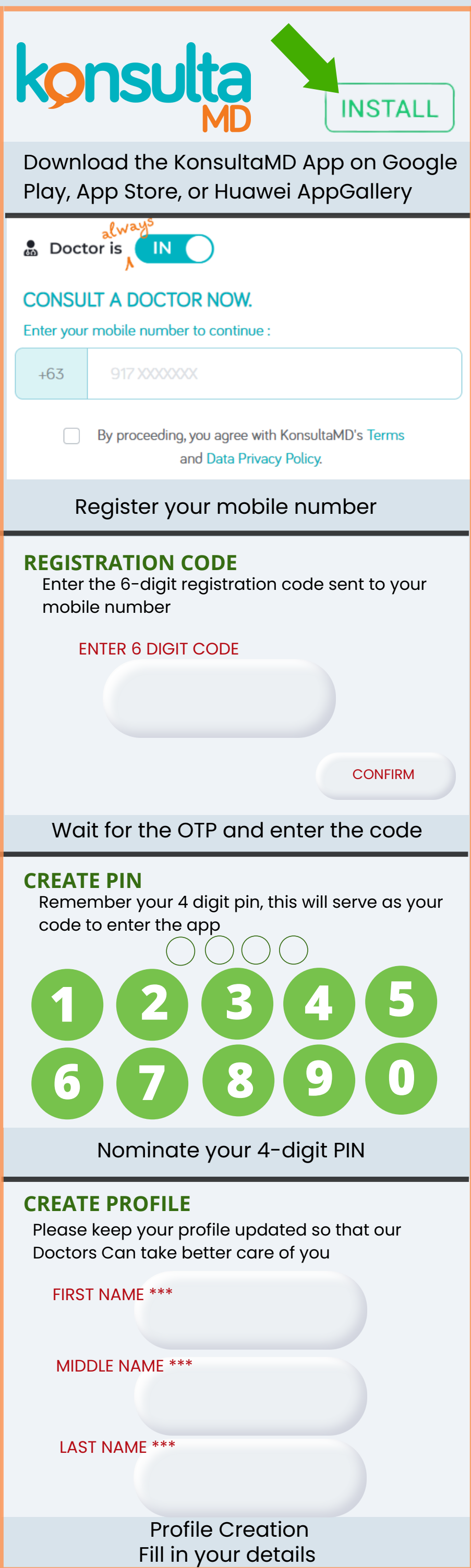
Licensed Physicians provide care based health information on how to initially address symptoms as stated by callers based on Philippine Clinical Practice protocols which may include first aid measures.

**GENERAL HEALTH INFORMATION**

Licensed Physicians provide information on any health related injury, which includes the interpretation of laboratory and/or diagnostic examinations, and issuance of return to work clearance/medical certificate which may be sent to you by email.



**PROFILE CREATION VIA APP**



**INSTALL**

Download the KonsultaMD App on Google Play, App Store, or Huawei AppGallery

Doctor is **always** **IN**

**CONSULT A DOCTOR NOW.**  
Enter your mobile number to continue :

+63 917 XXXXXXX

By proceeding, you agree with KonsultaMD's [Terms](#) and [Data Privacy Policy](#).

Register your mobile number

**REGISTRATION CODE**  
Enter the 6-digit registration code sent to your mobile number

ENTER 6 DIGIT CODE

**CONFIRM**

Wait for the OTP and enter the code

**CREATE PIN**  
Remember your 4 digit pin, this will serve as your code to enter the app

1 2 3 4 5  
6 7 8 9 0

Nominate your 4-digit PIN

**CREATE PROFILE**  
Please keep your profile updated so that our Doctors Can take better care of you

FIRST NAME \*\*\*  
MIDDLE NAME \*\*\*  
LAST NAME \*\*\*

Profile Creation  
Fill in your details

**REGISTER YOUR VALUCARE ACCOUNT (For first time users)**

- 1 Call the KonsultaMD hotline (02) 7798-8000 for Globe landline and Globe/TM mobile subscribers 0919-0560702 for non-Globe/TM mobile subscribers
- 2 Press "0" to talk to a Wellness Representative
- 3 Provide your ValuCare Policy Number, Name and Mobile Number
- 4 Wellness Representative will activate your KonsultMD access, and will endorse you to an available Doctor for a telephone consultation

**KONSULTAMD CONSULTATION VIA APP**

- 1 Launch the KonsultaMD App on your phone, enter your PIN, then click on **"TALK TO A DOCTOR NOW"**
- 2 **TELECONSULTATION**  
Click on Voice Consult  
Note : You can also dial the KonsultaMD hotline number straight from your phone (02) 7798-8000 for Globe landline and Globe/TM mobile subscribers 0919-0560702 for non-Globe/TM mobile subscribers  
Then press "1" to speak to licensed doctor
- 3 **Video Call**  
Click on Video Consult
- 4 **E- forms**  
E-Prescription/ E-Referral (upon Doctor's discretion)



**WHAT IS MENTAL HEALTH?**

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

*Mentalhealth.gov*

**MENTAL HEALTH**

Get mental health assistance from a licensed psychologist. Your assigned psychologist will be able to provide answers to your mental health inquiries, and possible direction for your mental health journey via voice or video call on the app.

-  Accessible Mental Health Support
-  Confidentiality Assured
-  Very affordable